



# Portland Center of Self-Realization Fellowship

## Schedule of Events - Spring Monastic Visit

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### Tuesday, April 30

- 5:00pm - 7:00pm Guided Meditation with Technique Review for SRF Lesson Students\*  
You may also enter during chanting at 5:40 or 6:15.  
\*Please be prepared to show proof of student status
- 7:15pm - 8:15pm Satsanga with Brother Naradananda and Brahmachari Bhaskaranda
- 8:15pm Fellowship and Refreshments

### Wednesday, May 1

- 10:30 am - 2:30 pm Outing to Leach Botanical Garden
- 10:30 am Carpool leaves Portland Center of SRF  
356 NE 80<sup>th</sup> Ave., Portland  
[www.portlandcentersrf.org](http://www.portlandcentersrf.org)
- 10:45 am Meet at the Leach Botanical Garden  
6704 SE 122<sup>nd</sup> Ave., Portland  
Purchase \$5 tickets at [www.leachgarden.org](http://www.leachgarden.org) (enter in order of arrival)  
Or pay \$4.50 (cash or check) at the Center on 4/14 or 4/21 (group entry)
- 12:00 pm - 1:00 pm Picnic lunch and chanting (Bring your own sack lunch)
- 1:30 pm Depart Garden/Return to Portland Center of SRF
- 7:00 pm - 8:00 pm “The Power of Affirmation: Using Vibrations to Change  
and Heal Your Life”  
A Talk by Brother Naradananda
- 8:00 pm Fellowship and Refreshments