



# Portland Center of Self-Realization Fellowship

## Schedule of Events - Winter Monastic Visit

---

### Thursday, December 14

6:30 pm - 7:30 pm

Satsanga with Brother Kalyanananda

7:30 pm - 7:50 pm

Short social with a meet and greet

### Friday, December 15

11:00 am - 3:00 pm

Outing to the Japanese Garden

10:30 am

Carpool leaves from PCSRF

11:00 am

Meet at the Japanese Garden  
611 SW Kingston Ave, Portland

To follow

Lunch at Namaste Indian Cuisine  
8303 NE Sandy Blvd, Portland

### Saturday, December 16

10:00 am - 6:00 pm

All-Day Christmas Meditation  
Led by Brother Keshavananda & Brother Kalyanananda

1:30 pm

Break

### Sunday, December 17

9:40 am - 9:55 am

Energization Exercises - Brother Kalyanananda

10:00 am - 10:45 am

Guided Meditation - Brother Kalyanananda

11:00 am - 12:00 pm

Inspirational Service - Brother Keshavananda

12:00 pm

Group photo in chapel with the Monastics

12:05 pm

Vegetarian Potluck and Fellowship